

FIRST PEOPLES, SECOND CLASS TREATMENT

Stories about Indigenous health in Canada in mainstream society **perpetuate racist stereotypes and inaccuracies**. Narratives are frequently simplified and presented without context. For example, epidemiological data is often gathered and shared without consideration of **historical and present-day impacts of colonial policies on the social determinants of health** (i.e. access to education, housing, food insecurity, employment).

This document was created to highlight the voices and perspectives of Indigenous people themselves and **provides the necessary context** to understand stories about Indigenous health.

LESSONS FOR CARE PROVIDERS:

1. Take health concerns seriously.
2. Hold self and colleagues to high care standards.
3. Understand NHIB and funding limitations.
4. Provide and advocate for culturally safe care.



HEARTEAM

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